Registration for Blossoming Roots-Together We Flourish

April 24th 2pm-5pm @ the Ugly Mug

MAIL REGISTRATION FORMS & CHECKS TO:
Outreach Clinic
PO BOX 596
MILES CITY, MT 59301

CHECKS MADE TO: JACKIE DIGHANS

The Blossoming Roots-Together We Flourish Event is a collaboration Between Justin & Jackie Dighans-Life Coach and Outreach Clinic to grow the next generation of women. We want young ladies to be conscious of their worth in this world because they have a special genius that endows them to be virtuous beyond what the world tells them. We will be potting plants together and discussing how our thoughts and mindset determine what is produced in our lives. Fertility Specialist, Marissa Morford from Outreach Clinic, will educate on puberty, menstrual cycles, how/why to chart menstrual cycles, and the dignity of the human person, with the spirit of maintaining innocence. Teaching young ladies and women about their bodies empowers them to appreciate and respect their bodies and virute for life.

Non-caffeinated drinks and snacks will be provided.

Class will be April 24th from 2pm-5pm and located at the Ugly Mug, 115 N. 7th St. 2:00PM-5:00PM. Cost is $20/person with preregistration and $25 at the door.

Come early for a coffee or treat made by The Ugly Mug staff (for purchase).

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Name of mother or mentor: _____

Contact number: _____

Name of young lady: _____

Age of young lady: _____

Age menses began: _____

Pre-registration for this event is $20/person or $25/person at the door. Please make you checks to Jackie Dighans.

I am comfortable and prepared to speak with my daughter about the following:

	Completely	Somewhat	Not at All
Puberty			
Menstrual Cycles			
Menstrual cups, tampons & pads			
Modesty			
Hormonal birth control			
Chastity/Purity			
Hormones			

I am familiar/unfamiliar with Fertility Awareness Based Methods (Natural Family Planning).

How did you hear about Blossoming Roots-Together We Flourish?

There will be Salutaris Boxes you and your daughter may put together for a donation to the Outreach Clinic. **The boxes are $30** and include coupons from Miles City businesses as well as items to prepare for puberty and the onset of meses.
The **Salutaris Box** contains period underwear measure in inches by hip size. You may choose your size at the event.

Girl's High Waist: S (28-29.5") M (30-31.5") L (32-33.5") XL (34-35.5)

Women's Bikini Brief: S (35-37") M (38-40") L (40-42") XL (42-44")

Please use this space for questions or comments. Any questions will be followed up with a phone call by Marissa Morford or Jackie Dighans.